

Early Risers

Boxed Lunches

Platter Pleaser

Soup & Salad

Something Hot

Appetizers



Catering Menu

ORDER NOW!

We make it easy to eat better

Locally-owned and operated since 1987, we make it easy to plan a corporate lunch, sales presentation, or family function.

- **Order online** at pflyfe.com or email to paul@pflyfe.com.
- **Minimum order \$60 for delivery** . No distance is too far! Call with questions.
We schedule our deliveries in the order that they are received so placing your order as far in advance as possible is helpful.
- **Cancellations** or if you need to make last minute changes to your order – no problem – just call and we will take care of it. If you need to cancel the order we must receive notice by 9:00 am on the delivery date or we will charge 100% of the total order, minus any delivery fee.
- **All catering orders include** eating/serving utensils and condiments as well as free set up as needed.
- **Gift cards add convenience** to your life or are a great way to reward your staff for meeting a goal. Our gift cards never expire and there's no monthly fee. Please email paul@pflyfe.com or talk to a store manager for more details.
- **We offer free delivery as well as discounts** for bereavement events as well as charitable organizations. Please email with your questions to paul@pflyfe.com.



Early Risers



Bakery Tray

\$50 (serves 10) | \$75 (serves 15)

This variety of bakery items is baked fresh in our stores every morning. Each tray may include an assortment of donuts, muffins, scones, danish, cinnamon roll, apple blossom, or mini chocolate filled beignet.

Breakfast Side of Meat

Choose bacon slices or sausage patties

\$45 (serves 10) | \$65 (serves 15)

Morning Taters

\$35 (serves 10) | \$55 (serves 15)

Oven grilled hashbrowns or fried breakfast potatoes just on it's own or add to any breakfast item.



Southwest Burritos

\$100 (serves 10) | \$150 (serves 15)

Burrito filled with a choice of meat, eggs, pico de gallo, cheddar cheese, hashbrowns and chipotle cream cheese. Includes salsa on the side.

Add sour cream for \$10 (serves 10) or \$15 (serves 15)

ORDER NOW!



Fruit Bowl

\$50 (serves 10) | \$75 (serves 15)

Our fresh fruit bowl is a delicious and nutritious addition to any meal. We hand-cut the freshest seasonal fruit including strawberries, cantaloupe, honeydew, pineapple, and grapes.

MORE!

Early Risers

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Sunrise Special Buffet

\$125 (serves 10) | \$185 (serves 15)

This traditional meal is sure to satisfy your guests. Each serving includes three scrambled eggs, three strips of all natural bacon, hashbrowns, and schiacciata bread with butter and jam.

*Substitute for our **bakery tray** for an additional \$30 (serves 10) or \$45 (serves 15).*

Scrambler

\$115 (serves 10) | \$175 (serves 15)

A delicious mix of eggs, choice of meat, tomato, mushroom, spinach and cheddar cheese. Includes schiacciata bread with butter and jam.



Yogurt Parfaits

\$65 (serves 10) | \$100 (serves 15)

Vanilla yogurt, fresh grapes, and strawberries. Delivered ready to eat with the granola on the side.



Egg 'Wiches

\$75 (serves 10) | \$115 (serves 15)

Hot breakfast sandwiches with eggs, white cheddar and choice of meat on schiacciata bread.

Boxed Lunches

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'Wiches \$15.00 Each box includes kettle chips, apple, and cookie.

Salami Mommi

genoa salami, goat cheese, banana pepper, tomato, spring greens mayo on wheat

Gobble Gobble

turkey, white cheddar, tomato, cucumber, spring greens, mayo on wheat

Ham I Am

ham, swiss, tomato, spring greens, dijon on sourdough

Chick 'n Cran

our house-made chicken salad topped with provolone, spring greens and tomato on wheat (contains [walnuts](#))

Vegalicious

avocado, cucumber, carrots, mushroom, tomato, provolone, hummus, spring greens on schiacciata

Whistle a Tuna

tuna salad, tomato, provolone, spring greens, mayo on wheat

Qurkey Turkey

tturkey, avocado, white cheddar, spring greens, with peruvian pepper jam, savory aioli on schiacciata bread

Go Clubbin'

turkey and bacon, white cheddar, tomato, spring greens, mayo on sourdough

Porky's Stop 'n Go

bacon, spring greens, tomato and mayo on toasted sourdough

Let it Beef

roast beef, white cheddar, spring greens, tomato, savory aioli on schiacciata

Hamalami

ham, salami, provolone, swiss, tomato, pickled onion, spring greens, honey mustard on schiacciata

EZee Capreze

fresh mozzarella, pesto aioli, cucumber, tomato, spring greens with balsamic glaze on schiacciata



Make it gluten-free

Sub gluten free bread +

gluten free brownie for \$17.50

WRAPS...

Boxed Lunches

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Choose 'Wiches, Wraps or Green Bowls

Wraps \$15.50 Each box includes kettle chips, apple, cookie.

Garden Lyfe

avocado, spring greens, cucumber, tomato, carrot, mushroom, red pepper, cheddar, sunflower seeds with ranch

Hail Caesar

chicken, spring greens, tomato, parmesan with caesar

Spicy Cockadoodle

chicken, spring greens, tomato, carrot, cheddar, with buffalo sauce and ranch

Santa Fe chicken, bacon, black beans, corn, pico de gallo, spring greens and cheddar with chipotle ranch

Pig Meets Chicken

chicken, bacon, tomato, spring greens and cheddar with ranch

Cobb Almighty

chicken, bacon, avocado, tomato, cucumber, spring greens and cheddar with blue cheese and ranch

Cluckin' Berry Nut

house-made chicken salad, spring greens, strawberry, red grapes, with honey vinaigrette (contains walnuts)

Feta U Betcha

chicken, strawberries, cucumber, tomato, spring greens, pickled onion and feta with balsamic vinaigrette

Thai Thai Again

chicken, spring greens, carrot, red onion, cucumber, green power blend, red pepper with peanut sauce

Turkey Avo

turkey breast, avocado, spring greens, tomato, cucumber and cheddar with mayo



GREEN BOWLS...

Boxed Lunches

ORDER NOW!

Choose 'Wiches, Wraps or Green Bowls

Green Bowls \$16.00 Each box includes bread, apple, and cookie.

Garden Lyfe

avocado, spring greens, cucumber, tomato, carrot, mushroom, red pepper, cheddar, sunflower seeds with ranch

Hail Caesar

chicken, spring greens, tomato, parmesan with caesar

Spicy Cockadoodle

chicken, spring greens, tomato, carrot, cheddar, with buffalo sauce and ranch

Santa Fe chicken, bacon, black beans, corn, pico de gallo, spring greens and cheddar with chipotle ranch

Pig Meets Chicken

chicken, bacon, tomato, spring greens and cheddar with ranch

Cobb Almighty

chicken, bacon, avocado, tomato, cucumber, spring greens and cheddar with blue cheese and ranch

Cluckin' Berry Nut

house-made chicken salad, spring greens, strawberry, red grapes, with honey vinaigrette (contains walnuts)

Feta U Betcha

chicken, strawberries, cucumber, tomato, spring greens, pickled onion and feta with balsamic vinaigrette

Thai Thai Again

chicken, spring greens, carrot, red onion, cucumber, green power blend, red pepper with peanut sauce

Smokin' Salmon

smoked salmon, avocado, spring greens, tomato and feta with balsamic vinaigrette



Make it gluten-free

Kettle chips + gluten free brownie for \$18.50

Platter Pleaser

ORDER NOW!



Add group soup, or a green bowl to share

'Wiches and Wraps Platter

\$130 (serves 10) | \$195 (serves 15)

This platter has something for everybody. Includes an assortment of deli wraps and deli sandwiches all cut in half.

Includes kettle chips and pickle spears

Add an assorted treat tray \$160 (serves 10) | \$240 (serves 15)

The perfect medley of our bakery-fresh cookies, brownies and crispy rice bars.



Soup & Salad

ORDER NOW!

Green Bowls to Share

Comes with bread. Choose up to 2 dressings on the side.

Note: portion size is for a SIDE salad per person to serve with an entrée

VEGETARIAN OPTIONS

\$55 (serves 10) | \$85 (serves 15)

Garden Lyfe

spring greens, avocado, cucumber, tomato, carrot, mushroom, cheddar, sunflower seeds

Caesar Flew the Coop

spring greens, tomato, parmesan



Garden Lyfe

MEAT OPTIONS

\$70 (serves 10) | \$105 (serves 15)

Hail Caesar

chicken, spring greens, tomato, parmesan

Cobb Almighty

chicken, spring greens, bacon, tomato, cucumber, avocado and gorgonzola

Feta U Betcha

chicken, spring greens, strawberries, cucumber, feta and sunflower seeds

Santa Fe

chicken, spring greens, bacon, black beans, corn, pico de gallo and cheddar with chipotle ranch

Both meat and vegetarian options



Group Soup

Comes with 12 oz. bowls, spoons and bread.

Comes in: 2 containers 3 containers
Serves 10 Serves 15

Vegetarian options \$55 \$85

Cheddar Tomato
Soup'r Vegastrone

Meat options \$70 \$105

Cockadoodle Noodle
Chicken Tortilla
Beef Chili
Wild Chick in Rice

Something Hot



Dos Taco Buffet

\$110 (serves 10) | \$165 (serves 15)

Build your own! 2 per person

Includes tortillas, lettuce, pico de gallo, cheese and sour cream. Comes with chips and salsa.

Choose chicken or barbacoa

Add-ons:

rice blend \$20

peppers & onions \$15

black beans \$15



Panini Buffet

\$145 (serves 10) | \$220 (serves 15)

On schiacciata bread.

Includes chips and pickle spears

Bangin' Beef

roast beef, tomato, mushroom, onion and white cheddar with sriracha aioli

Hot Clubbin'

turkey, bacon, spring greens, red pepper and swiss with chipotle cream cheese

Tom & Wilbur

turkey, bacon, tomato, provolone, apple slices and honey mustard

Chicken Presto!

chicken, red pepper, provolone, greens, pesto aioli

Cubano

chicken, ham, swiss, dill pickle, banana pepper and dijon mustard



American Picnic

\$175 (serves 10) | \$250 (serves 15)

Create your own picnic with this popular buffet.

Grilled burgers and chicken breasts with all the fixins'.

Includes chips, pickle spears and choice of baked beans or pasta salad.

MORE!

Something Hot



Chicken Pasta Buffet

\$135 (serves 10) | \$205 (serves 15)

Includes bread and choice of Garden Lyfe or Hail Caesar salad

Seasoned chicken tossed with marinara sauce and pasta.
A flavorful mixture of sautéed mushrooms, red onions, red peppers, green peppers and parmesan cheese.

Vegetarian option available upon request



chick-a-cado

Lunch Bowl Buffet

Build your own!

Includes kettle chips and pickle spears

\$155 (serves 10) | \$230 (serves 15)

Chick-a-Cado

chicken, house potatoes, avocado,
tomato, spinach and cheddar

South x West

chicken, pico de gallo, bacon, black beans,
corn, cheddar, house potatoes and
chipotle ranch dressing

Barbaco Arroz

barbacoa, spring greens, corn, black beans,
pico de gallo, cheddar and rice blend

Kick in Le Boeuf

beef tenderloin, rice blend, green power blend, spinach,
red pepper with gochujang sauce

ORDER NOW!

Spuds with Stuff

\$90 (serves 10) | \$135 (serves 15)

Baked potatoes with all the
accompaniments: shredded cheddar,
sour cream, bacon, salsa, butter, salt & pepper.

Appetizers

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Cheese and Meat Tray

\$60 (serves 10) | \$90 (serves 15)

An assortment of cheese and deli meats paired with gourmet crackers and grapes.



Fresh Veggies

\$60 (serves 10) | \$90 (serves 15)

For light, nutritious snacking with celery, carrot, cucumber, broccoli and peppers and a generous portion of ranch dressing and hummus for dipping.

Chips & Salsa

\$35 (serves 10) | \$55 (serves 15)

Chips, Salsa & Guacamole

\$50 (serves 10) | \$75 (serves 15)

Fruity Meat & Cheese

\$60 (serves 10) | \$90 (serves 15)

Delicious cheeses and sliced salami are artfully arranged with a variety of gourmet crackers and fresh fruit.



ORDER NOW!

Desserts, Beverages & Sides



Assorted Treat Tray

\$40 (serves 10) | \$60 (serves 15)

The perfect medley of our bakery-fresh cookies, brownies and crispy rice bars.



Chocolate Chunk Cookie Tray

\$35 (serves 10) | \$55 (serves 15)

Everyone loves a fresh-baked cookie!



Coffee Service

Coffee Totes: (96 oz.) \$26 each (serves 8)

Large groups: (5 gal.) \$125 each (serves 50) (container must be returned)

Our coffee service features MorningStar® coffee – a local, organic, fair trade certified company. Choose from: Breakfast Blend, Decaf or French Roast.

Delivery includes coffee cups, cream, sugar & sugar substitute, etc.



Cold Beverages

Bottled Spring Water \$2.50

Sparkling LaCroix Water \$2.25

Fruit Juice \$4

Canned Soda \$2.25

Bottled Tea \$4

Sides

Pasta Salad *vegetarian*

\$40 (serves 10)

\$60 (serves 15)

Kettle Chips

\$25 (serves 10)

\$40 (serves 15)

ORDER NOW!



Order Online

Minimum \$60 for delivery

Email: paul@dbrians.com

Or contact your closest location

LOCATIONS

St. Louis Park:
1600 Utica Ave S.
952.543.6990

Edina:
7700 France Ave. S.
952.428.6753

Bloomington West:
3601 Minnesota Dr.
763.338.0379

Bloomington East:
3001 Metro Drive
952.853.2224

Prices subject to change.

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